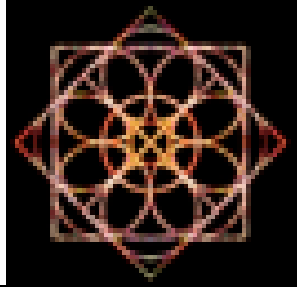


Keepers of the Water Ceremonies

Through The New Dream Foundation



"We must...bring the flow of consciousness back into the depths of life's mysteries and purpose, which are held within feminine knowing...Feminine energy orchestrates the synergy of our lives by getting us in touch with our soul, from which all purpose and clarity stems." –Chris Griscolm, Feminine Fusion

Introduction to Apprenticeship in the Path of the Sacred Feminine

This apprenticeship program has been designed to support women called to greater spiritual leadership and ministry with other women in her or community.

The Full Moon Water Ceremony is one of several Northwest Native American ceremonies, along with a complete women's pathway of meditations, journeys and healing prescriptions, that were asleep for over 100 years.

For many years, Reverend Misa prayed for a woman's path to enlightenment to be made known to her. She was eventually led to this pathway of ceremonies and meditations that had been silenced until the time was right for the women of the planet. The time is now and so this beautiful pathway is being made available to women all over the world.

Ceremonies include:

Monthly Women's Full Moon Ceremonies (in person or over the phone)
Welcoming for Baby Girls
Welcoming to Womanhood for Girls at the Onset of Menses
Womanhood Empowerment
Elderhood
Death

At the end of your year-long apprenticeship, you will be ordained to do the Full Moon, Welcoming for Baby Girl and Menses ceremonies.

Meditations Include:

At the heart of these ceremonies is a way of holding emotional and spiritual energy for oneself and others as learned through the Creation Meditation and Healing Prescriptions. In order to offer the ceremony, we will expect that you are doing at least the first step of the Creation Meditation regularly and applying the Healing Prescriptions as appropriate.

Creation Meditation (with 3 powerful, yet simple steps)

Steps one and two are available at:

<http://newdreamfoundation.com/forums/index.php/topic,75.0.html>

Four Unique Healing Prescriptions

Become acquainted with the Four Prescriptions (the basis of the Healing Journeys offered periodically in workshops and at SpiritQuest) that you can do at home in your own meditations, visit

<http://newdreamfoundation.com/forums/index.php/topic,247.0.html>

The Program

Being called to become a Keeper is great honor and responsibility, helping women increasingly open to the vast power and flow of the Sacred Feminine. It also means you are willing to facilitate traditional Native ceremonies. We want you to be fully prepared. Therefore a year-long apprenticeship is required for ordination. Requirements of apprenticeship for offering the 1) Full Moon Ceremony, 2) Welcoming for Baby Girls and 3) Menses Initiation for Young Women include:

- Begin by attending three Full Moon Water Ceremonies In-Person or Telephone. See the New Dream Foundation Calendar for times and locations (or if you are unable to attend our tele-ceremonies due to time considerations, contact us at HelpingHands@NewDreamFoundation.com).
- Learn Step 1 of the Creation Meditation and share experiences at the New Dream Foundation Forum. (The forum provides the first step written out and available as an mp3.)
- **To apply for Water Ceremony Apprenticeship, send an e-mail to Cindy Mills, Apprenticeship Program Coordinator,**

expressing your desire to be a Keeper of the Water Ceremonies. HelpingHands@NewDreamFoundation.com.

Discuss in the letter why you are drawn to offer these ceremonies. This letter will be read by Cindy Mills and Reverend Misa. You will be contacted by Ms. Mills about your acceptance.

- Attend monthly pre-apprenticeship training calls. (A donation of \$15 per month will be requested.)
- Participate in The Secret Art of Ceremony Class offered in September—active participation required. This class is announced in August. Be sure to sign up to be on the Foundation mailing list in order to receive class announcements.
- Continue learning Step 2 and 3 of the Creation Meditation at the New Dream Forum and share some of your experiences with the meditation at the Forum.
- Offer 6-9 Full Moon Water Ceremonies prior to SpiritQuest in June or July.
- Create your regalia, bowl and talking stick; preparing for Keeper ordination at SpiritQuest.
- Attend SpiritQuest in June for your ordination at the ancient water bowl as a Keeper of the Water Ceremonies, performed by Reverend Misa, the Guardian of the Water Bowl Ceremonies. (This requirement can be waived for apprentices living outside the U.S., or who are unable to attend in person.)

Ordination for offering Womanhood or Elderhood Rites of Passage through the Water Ceremonies requires additional apprenticeship and is discussed with you after completion of this first ordination for Full Moon, Menses and Baby Girl ceremonies.

To acquire more information and express your interest in the Keepers Apprenticeship Program, contact us at:

HelpingHands@NewDreamFoundation.com